

ALL INDIA ASSOCIATION OF COAL EXECUTIVES (AIACE) (Regd. under The Trade Union Act 1926; Regd. No. 546 / 2016) 302, Block No. - 304, RamKrishna Enclave, Nutan Chowk, Sarkanda, Bilaspur (CG) Website: www.aiace.co.in; Email: centralaiace@gmail.com; Ph. 9907434051

Ref No. AIACE/CENTRAL/2021 / 109

Dated 4.12.2021

To Hon'ble Sri Pralhad Joshi Jee, Minister of Coal Govt of India, New Delhi. Email-- officeofpralhadjoshiji@gmail.com

Subject: Empanelling AYUSH hospitals and allowing treatment in them for working and retired employees in coal sector

Dear Sir,

The Ministry of Health & Family Welfare. Government of India, New Delhi has issued an O.M. No. Z.28015/01/2006-HD Cells/CGHS dated 1.10.2015 regarding Empanelment of A YUSH Hospitals/Centres under CGHS & CS (MA) Rules for Ayurveda, Unani and Yoga & Naturopathy treatments/procedures and fixation of Package rates. (Copy of Office Order in Annexure-I)

It is a welcome move by Ministry of AYUSH, Government of India to promote Ayurvedic, Yunani, Siddha and Homeopathic branch of medicines in our country.

As hospitals in Coal India Ltd (CIL) and Singareni Collieries Company Limited (SCCL) are guided by CGHS rules and regulations, it is requested that these companies be advised to suitably allow treatment in and empanelment of AYUSH hospitals to their working and retired employees. This may result in more cost-effective treatment beneficial to the employees as well as the companies.

It is hoped that our above proposal will be favourably considered for implementation.

Yours sincerely

(P.K.SINGH RATHOR) Principal General Secretary All India Association of Coal Executives (AIACE)

СС

- 1. Hon'ble Minister, Ministry of Ayush
- 2. The Secretary, Ministry of Coal, Govt of India, New Delhi
- 3. The Secretary, Ministry of Ayush, Govt of India, New Delhi
- 4. Chairman, CIL, Kolkata
- 5. CMD, Singreni Collieries Company Ltd, Kothagudem

Annexure-I

Copy of O.M. No. Z.28015/01/2006-HD Cells/CGHS dated 1.10.2015





INDIAN COUNCIL OF AGRICULTURAL RESEARCH KRISHI BHAWAN: NEW DELHI

F. No. GAC-21-48/2014-CDN

Dated the Soth Dec, 2015

ENDORSEMENT

Ministry of Health & Family Welfare, Government of India, New Delhi has issued an O.M. No. Z.28015/01/2006-HD Cell/CGHS dated 1.10.2015 regarding Empanelment of AYUSH Hospitals/Centres under CGHS & CS (MA) Rules for Ayurveda, Unani and Yoga & Naturopathy treatments/procedures and fixation of Package rates. The above mentioned O.M. is being uploaded on the ICAR web-site www.icar.org.in and e-office for information, guidance and compliance.

(J.N. Bhagat) Under Secretary (GAC)

DISTRIBUTION:-

- 1. All Directors/Project Directors of all ICAR Institutes/National Research Centres/ Project Coordinators/Coordinated Research Projects/Zonal Project Coordinators/ Bureaux for information and taking necessary action
- 2. Sr.PPS to DG, ICAR/PPS to FA (DARE)/PPS to Secretary, ICAR.
- 3. Shri Hans Raj, ISO, (DKMA) KAB-I for uploading in the ICAR web-site.
- 4. All Officers/Sections at ICAR Krishi Bhawan/KAB I & II/NASC
- 5. Secy. (Staff Side), CJSC, NRC on Meat, Chengicherla, Hyderabad -500039
- 6. Secy. (Staff Side), HJSC, KAB-II, New Delhi-110 012
- 7. Guard file/Spare copies

F. No Z. 28015/01/2006-HD Cell/CGHS/ Government of India Ministry of Health & family welfare Directorate General of Central Government Health Scheme

Nirman Bhavan, New Delhi Dated: 01.10.2015

OFFICE MEMORANDUM

Subject: Empanelment of AYUSH Hospitals / Centers under CGHS and CS (MA) Rules for Ayurveda, Unani and Yoga & Naturopathy treatments/ procedures and fixation of Package rates.

R.P. NO-9CR

Reference is invited to the Notification. No Z. 28015/01/2006-HD Cell/ AYUSH/ CGHS/HQ/Pt-I, dated 03/7/2015 and O.M. No. Z. 28015/01/2006-HD Cell/CGHS dated 3/7/2015.

The undersigned is directed to state that after following the prescribed proceedure and on submission of required documents like Memorandum of Aggreement, Performance Bank Gaurantee and Acceptance letter etc. by the QCI recommended AYUSH Hospitals and Centers for empanellment under CGHS and CS (MA) Rules were considered by the competant aurhority and approved. The list of such AYUSH hopsitals and package rates/rates for treatments/ procedures are enclosed as Annexures "A" and "B" respectively. <u>The rates and the O.M. is</u> valid for a period of 6 months from 3/7/2015 to 02/1/2016 or new rates are finilised through fresh tender process which ever is earlier.

2. The undersigned is further directed to clarify as under

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(a) <u>"Package Rate"</u> means rates for a package of treatment of standard set of procedures that are administered to the patient while undergoing treatment for a pre-diagnosed disease condition for the specified time period. <u>The package rates which are specified for diagnosed</u> <u>diseases/conditions in Annexure "B" should strictly be adhered. Procedures other than the</u> <u>package rates listed in Annexure "B" for a nonspecific disease condition which is not mentioned</u> <u>under package rates will be considered as per the list. The duration of the treatments should not</u> <u>exceed 34 days for Ayurveda and 28 days for Yoga and Naturopathy in the light of O.M. dated</u> <u>1-1-2008</u>.

I) This includes all charges pertaining to a particular treatment/procedure including registration charges, admission charges, accommodation charges, cost of medicines, Panch Karma charges, Labor Room charges, charges for Kshar sutra operation/procedure charges Doctor/Consultant visit charges, Monitoring charges, operation theatre charges, procedural charges/Surgeon's fee, cost of disposable surgical charges and cost of all sundries used during hospitalization related to routine investigations, physiotherapy charges etc. from the time of admission to till discharge. This also is inclusive of all sub-procedures and related procedures to complete the treatment.

ii) No additional charge on account of extended period shall be allowed if that extension is due to any improperly conducted procedure.

(b) The rates not indicated in Annexure "B" in respect of items under the head of admission fee, consultation fee, laboratory Investigations/diagnostic tests/procedures, hospitalization Nursing care, Transportation, engagement of attendants etc. will be the same as prescribed for recognized private Allopathic Hospitals under the CGHS. <u>The rates pertain to 2008 of allopathic system are applicable as the O.M. of the dated 1-1-2008 of AYUSH procedures are extended.</u>

(c) Re-imbursement for treatment/procedures for which prescribed rates have not been indicated in Annexure "B" will be charged as per actual. The Hospitals are not required to give medicines in OPD or at the time of discharge of the patient. Medicines so provided shall not be reimbursable. <u>Procedures / Treatments given to the beneficiary outside the list will be discouraged if justification is not given for doing outside procedures</u>.

(d) Ward entitlement and rates for room charges will be as prescribed earlier for CGHS beneficiaries. Room rent is applicable only for treatment procedures for which there is no prescribed package rate and will include charges for occupation of bed, diet for the patient, charges for water and electricity supply, linen charges, nursing charges and routine up-keeping. Expenses on toiletries, cosmetics, telephone bills etc. are not reimbursable and are included in rates/package rates.

(e) The prescribed rates as indicated in Annexure "B" shall be valid for the period of Memorandum of Agreement required to be signed by the Hospital/ Centre with the CGHS in general <u>but in the present case the period is specified in the second pargraph of the O.M.</u> The additional time taken in the MOA is meant to address any dispute arise between the parties while the activities are in operational or in case if extension is required to be obtained from the aurhorities in exgensis.

3. The treatment at these empanelled AYUSH Hospitals/Centers may be taken only with the prior authorization/ permission in accordance with the CGHS Rules or the CS (MA) Rules as the case may be in force at the time of taking treatment.

4. (i) In respect of the CGHS beneficiaries permission for treatment is granted by CMO Incharge/ Additional Director / Joint Director, CGHS in case of pensioners, former Governors, Former Vice-president Ex-MPs, Freedom Fighters etc. and by Rajya Sabha / Lok Sabha Secretariat as the case may be in case of Members of Parliament by the Registrar General of Supreme Court and by the Registrar Delhi High Court in respect of serving employees and pensioners of case of serving Govt. employees serving employees and pensioners of autonomous bodies covered under CGHS such permission shall be issued on the basis of recommendation from CMO/SMO I/C of the concerned AYUSH dispensary.

ii) In respect, of the Government employees covered under the CS (MA) Rules, authorization/permission is to be issued by the concerned administrative Ministry/Department based on the recommendations of the AMA of the concerned system of the medicine.

iii) For Yoga & Naturopathy Office Memorandum NO. 15/11-21/2009/CGHS (SZ)/CGHS (P) dated 27th October, 2009 which is inofree will continue.

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5. The AYUSH Hospitals/Centers will not refuse admission/treatment to Central Government Employees or their dependant family members who are not CGHS beneficiaries if they produce certified/ attested copies of identity cards issued by the Government of India and have been referred to the Hospital/Diagnostic centre by the organization in which they are working and shall not charge more than the prescribed package rates/ rates in such cases.

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6. An AYUSH Hospital/centre empanelled as above, whose rates for treatment procedures/tests are lower than the prescribed rates shall charge as per actual.

7. (a) Hospitals shall provide credit facility to the following categories of CGHS beneficiaries (including dependent family members, whose names are entered on CGHS Card) on production of valid permission letter:

- Members of Parliament;
- Pensioners of Central Government drawing pension from central estimates;
- former Vice-presidents, Former Governors and former Prime Ministers;
- Ex-Members of Parliament;
- Freedom Fighters;
- serving CGHS employees;
- serving employees of Ministry of Health & Family Welfare (including attached / subordinate offices under the Ministry of Health & Family Welfare); and
- such other categories of CGHS cardholders as notified by the Government.

(b) Bills should be submitted to the Office of the Rajva Sabha Secretariat / Lok Sabha Secretariat in case of sitting Members of Parliament and to Additional Director, CGHS (Hqrs), Delhi / concerned CGHS city, in case of beneficiaries enlisted above, once in a month.

8. Reimbursement in case of pensioners, former Governors, former Vice-Presidents, ex-MPs, Freedom Fighters, etc., is made by Additional Director of concerned CGHS city through BCA and by Rajva Sabha Secretariat / Lok Sabha Secretariat in case of sitting Members of Parliament and by concerned Ministry / Department/ Organization in case of serving Govt. employees, serving employees and pensioners of autonomous bodies covered under CGHS.

9 Any legal liability arising out of such services, responsibility solely rests on the hospital and shall be dealt with by the concerned empanelled hospital/diagnostic centre. Services will be provided by the Hospitals/Diagnostic centers as per the terms of agreement

10 The Hospitals/Diagnostic centers will give a discount 5% on every cash payment charged directly from the beneficiaries.

CGHS beneficiaries are entitled to facilities of private, semi-private or general ward depending on their basic pay / pension. The entitlement is as follows:-

S.No	Basic Pay (without the inclusion of grade pay)	Entitlement	,
1.	Up to Rs. 13,950/-	General Ward	
2.	Between Rs.13,951/- and Rs.19,530/-	Semi-Private Ward	
3.	Rs. 19,540/- and above	Private Ward	

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The room rent will be Rs. 500/-, Rs. 1000/- & Rs. 1500 for General Ward, Semiprivate Ward and Private Ward. It is clarified that indoor package rates for Yoga & Naturopathy are inclusive of room rent as per entitilment of the beneficiary.

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11. A hospital empanelled under CGHS, whose normal rates for treatment procedure / test are lower than the CGHS prescribed rates shall charge as per the rates charged by them for that procedure / treatment from a non-CGHS beneficiary and will furnish a certificate to the effect that the rates charged from CGHS beneficiaries are not more than the rates charged by them from non-CGHS beneficiaries.

12. Private ward is defined as a hospital room where single patient is accommodated and which has an attached toilet (lavatory and bath). The room should have furnishings like wardrobe, dressing table, bed-side table, sofa set, carpet, etc. as well as a bed for attendant. The room has to be air-conditioned.

13. Semi Private ward is defined as a hospital room where two to three patients are accommodated and which has attached toilet facilities and necessary furnishings.

14. General ward is defined as halls that accommodate four to ten patients.

15. Normally treatment in higher category of accommodation than the entitled category is not permissible. However, in case of an emergency when the entitled category accommodation is not available, admission in the immediate higher category may be allowed till the entitled category accommodation becomes available. However, if a particular hospital does not have the ward as per entitlement of beneficiary, then the hospital can only bill as per entitlement of the beneficiary even though the treatment was given in higher type of ward.

16. In case of non-emergencies, the beneficiary shall have the option of availing specific treatment / investigation from any of the empanelled hospitals of his / her choice (provided the hospital is empanelled for that treatment procedure / test), after the same has been advised by CGHS / other Government Specialist / CMO in-charge and permission is obtained from the competent authority for within the city. For tretments availing by the beneficiary from empanelled list of AYUSH Hospitals from out side city where he is residing no T.A. & D.A. will be relumbursed provided the treatments is available in the city of residence.

17. This office memorandum is extension of earlier orders dated 01/01/2008 relating to empanelment of AYUSH Hospitals and Diagnostic centers under CGHS

18. A copy of this OFFICE MEMORANDUM along with the annexures of A & B is placed on the website of Ministry. <u>www.mohfw.njc.in/cghs/htm</u>

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(Dr. D.C. Joshi) Director (ÇGHS) Tel. No. 011-23062800

To

All Ministries / Departments, Government of India
Director, CGHS, Nirman Bhawan, New Delhi.

3 All Additional Directors /Joint Directors of CGHS cities outside Delhi

- 4 All Pay & Accounts Officers under CGHS
- 5 Additional Director (HQ) / Additional Director (SZ), CGHS, New Delhi
- 6 Advisers AYUSH, Block B, GPO Complex, Pandit Bhagwan Sahay Vats Vitthi, INA Colony, New Delhi, Delhi 110023

1月17日,在19月1日,在19月1日,在19月2日,19月1日,19

- 7 JD (Gr.)/JD(R&H), CGHS Delhi
- 8 CGHS Desk-I/Desk-II/CGHS-I/CGHS-II, Dte.GHS, Nirman Bhawan. New Delhi
- 9 Estt.I/ Estt.II/ Estt.II/ Estt.IV Sections, Ministry of Health & Family Welfare
- 10 M S Section. Ministry of H&FW
- 11 Admn.I / Admn.II Sections of Dte.GHS
- 12 Rajya Sabha / Lok Sabha Secretariat
- 13 Registrar, Supreme Court of India /Delhi High Court Sher Shah Road New Delhi Punjab & Haryana High Court, Chandigarh
- 14 U.P.S.C.
- 15 Finance Division Ministry of H&FW
- 16 Deputy Secretary (Civil Service News), Department of Personnel & Training, 5th Floor, Sardar Patel Bhawan, New Delhi.
- 17 PPS to Secretary (H&FW)/ Secretary (AYUSH)/ Secretary (HR)/ Secretary (AIDS Control), Ministry of Health & Family Welfare
- 18 PPS to DGHS / AS&FA / AS(DG) / AS&DG (NACO) NRHM
- 19 Swamy Publishers (P) Ltd., P. B. No. 2468, R. A. Puram, Chennai 600028.
- 20 M/s. of all Hospitals and diagnostic centres being empanelled.
- 21 Shri Umraomal Purohit, Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi
- 22 M/s. Bahri Brothers 742- Lajpat Rai Market Delhi-110006
- 23 M/s. Nabhi Publications Post Box No. 37 New Delhi -110001
- 24 All Staff Side Members of National Council (JCM) (as per list attached)
- 25 Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New Delhi
- 26 All Offices / Sections / Desks in the Ministry

27 Sr. Technical Director, NIC, MOHFW, Nirman Bhawan, New Delhi with the request to upload on the website of the CGHS.

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- 28 Office Order folders
- 29 Guard File

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(Dr. D.C. Joshi) Director (CGHS) Tel. No. 011-23062800

Annexure-"A".

LIST OF AYURVEDIC HOPSITALS APPROVED UNDER CGHS & C.S. (M.A) RULES.

The following Hospitals have been empanelled under CGHS / C.S. (M.A.) Rules for Ayurvedic System from 03/7/2015.

S.No.	Name and Address of the Hospital/Centers.	Recommended System.
1.	Maharishi Ayurveda Hospital, Block-B, Pocket-P, Shalimar	General Ayurveda
	Bagh (West) Delhi- 110088.	
2.	KLE Ayurved Hospital Medical Research Center Shahapur	General Ayurveda
	Belgaum-590003 Karnataka (India)	
3.	Punarava Ayurveda Hospital Edappally North P.O. Cochin	General Ayurveda
	Kerala-682024	
4.	Matha Ayurveda Eye Hospital Moonga P.O. Near	General Ayurveda and
	Thachottukavu Trivandrum Pin-695573	Shalakya.
5.	Addlife Basavatarakam Indo-American Cancer Hospital	General Ayurveda
	And Research Institute1st Avenue Road No.14	
	Banjarahills, Hyderabad-500034	а.
6.	Shri Dhanwantry Ayurvedic College & Dabour	General Ayurveda
	Dhanwantari Hospital Sector-46/B Chandigarh-160047	
7.	Lavanya Ayurvedic Cancer Hospital & Research	General Ayurveda
	Centre74/2 Maidangarhi Extension Chhatarpur	
	Maidangarhi Rd Nr Chhatarpur Mandir New Delhi	
8.	Lavanya Ayurvedic Cancer Hospital & Research Centre	General Ayurveda
	Dhawa Estate Deva Road Near Telco Chinhat Lucknow	
	(UP)227105	
9.	Parathuvayalil Hospital Keezhillam P.O., Ernakulam	General Ayurveda
	District, Kerla State India, PIN-683541.	
10*	B.S.D. Trust's Ayurved Hospital & Research Centre	General Ayurveda
	Vishwashatidham Off Kesnand Road	
	At Post Wagholi Taluka Haveli Dist Pune (MH)412207	
11.	Ahalia Ayurveda Medical College Hospital Kozhipara P.O.	General Ayurveda
	Palakkad (Dist) Kerala	
12.	Jaipur Ayurveda Hospital Village-Vatika Tehsil-Sanganer,	General Ayurveda
 	Distte- Jaipur, Rajasthan	
13.	Sree Subramania Ayurvedic Nursing Home	General Ayurveda
	Karikkamkulam Karaparamba PO Calicut-673010	
	Kozhikode Dist Kerala.	
14.	Alvas Ayurveda Medical College Hospital Vidyagiri	General Ayurveda
	Moodbidri South Canara Dist Karnataka State Pin-574227	
15.	Kailash Institute Of Naturopathy Ayurveda & Yoga26	General Ayurveda
	Knowledge Park-1 Greater Noida Gautam Budh Nagar	
1.0	Uttarprades-201308	
16.	Pragati Sparsh Ayurvedic Panchkarma Centre Pragati	General Ayurveda,
	Resorts Proddatur Village, Shanker Palli Mandal Hyd.	Ksharsutra & Shalya Karma.
17.	Sarathy Ayurvedic Hospital, Elanjichodu Elookkara	General Ayurveda
L	Muppathadam P.O Aluva Ernakulam Kerala.	

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Dr.Augustine's Arya Vaidya Asramam Ayurveda Hospital, 18. General Ayurveda Thiruvanchikulam, kodungallur P.O, Trissur Distt, Kerala, Pin. 680664. 19. Ayurvaid Hospital, 230, Amarjyoti Layout off Intermediate General Ayurveda Ring Road, Domlur Ext., Banglore, Pin-560071. 20. Vasudeva Vilasam Nursing Home Near Padma Theertham General Ayureda Fort TVM-695023. 21 Sitaram Ayurveda Speciality Hospital, Veliyannur Road, General Ayurveda Thrissur Pin- 680021, Kerala.

LIST OF YOGA & NATUROPATHY HOPSITALS APPROVED UNDER CGHS AND C.S. (M.A.) RULES.

The following Hospitals have been empanelled under CGHS / C.S. (M.A.) Rules for Yoga & Naturopathy System from 03/7/2015.

S. No.	Name and Address of the Hospital / Centers.	Recommended System.
1.	Addlife Basavatarakam Indo-American Cancer Hospital And Research Institute1st Avenue Road No.14 Banjarahills,	Yoga & Naturopathy
2.	Hyderabad-500034 Jaipur Ayurveda Hospital Village-Vatika Tehsil-Sanganer,	Yoga & Naturopathy
	Distte- Jaipur, Rajasthan	
3.	Bapu Nature Cure Hospital & yogashram Gandhi Nidhi	Yoga & Naturopathy
	Mayur Vihar Ph-1 Patparganj Delhi-110091	
4.	Kailash Institute Of Naturopathy Ayurveda & Yoga, 26	Yoga & Naturopathy
	Knowledge Park-1 Greater Noida Gautam Budh Nagar	
	Uttarprades-201308	
5.	Vivekanand Hospitl, Vivekanand pratisthan parishad,	Yoga & Naturopathy
*	Vivekanand Hospital Khureji Delhi-51.	

(Dr. D.C. Joshi) Director (CGHS) Tel. No. 011-23062800

ANNEXURE "B".

RATES OFFERED FOR PROCEDURES AS PER EXISTING OM DATED 01/01/2008

Rates prescribed for Ayurveda, Yoga & Naturopathy Treatments/ procedures in respect of the empanelled AYUSH Hospitals /Centers and will be effective from the date of issue of Office Memorandum. No. Z.28015/01/2006-HD Cell/CGHS dated 03/07/2015.

SI. No.	System of Medicine and Treatment/Procedure	Unit Cost
		in Rupees
(A)	AYURVEDA	
1.	Abhyanga (Sarvanga)	200
2.	Tail Shirodhara	300
3.	Takra/Dugdha Shiro Dhara	150
4,	Pizhichil (Sarvang)	350
5.	Pizhichil (Ekang)	250
6.	Dhanyamla Dhara	300
7.	Nasya (Inclusive of Abhyanga & Svedana of Shira, Griva etc.)	100
8.	Shiro Vasti	300
9.	Kati Vasti	150
10.	Prishta Vasti	150
11.	Shiro Lepa	100
12.	Shastika Shali Pinda Sweda (Navarakizhi)	350
13.	Patra Potali Pinda Sweda	200
14.	Anna Lepa (Sarvang)	300
15.	Upanaha Sweda	100
16.	Avagaha Sweda (With Abhyanga)	200
17. *	Kati Avagaha Sweda	100
18.	Sushka Sweda (Sarvanga)	150
19.	Sushka Sweda (Ekanga)	100
20.	Udvartana	150
21.	Sneha/Anuvasana Vasti (Inclusive of Abhyanga & Swedana)	200
22.	Kashaya/Niruha Vasti (Inclusive of Abhyanga & swedana)	150
23.	Matra Vasti	100
24.	Uttara Vasti	100
25.	Yoga Vasti Package (5 Anuvasana and 3 Niruha Vasti)	1250
26.	Kala Vasti Package (10 Anuvasana and 6 Niruha Vasti)	2500
27.	Karma Vasti Package (18 Anuvasana and 12 Niruha Vasti)	5000
28.	Vaitarana Vasti	150
29.	Ksheer Vasti	150
30.	Vashpa/Nadi Sweda (Sarvanga)	150
31.	Vashpa/Nadi Sweda (Ekanga)	100 .
32.	Vamana Package (Inclusive of Poorva Karma, Pradhan karma and Paschat karma)	1000
33.	Virechana Package (Inclusive of Poorva Karma, Pradhan karma and Paschat karma)	1000

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Sl. No.	System of Medicine and Treatment/Procedure	Unit Cost
~ .		in Rupees
34.	Netra Tarpana/Aschyotana	100
35.	Netra Putapaka	100
36.	Rakta Mokshana (Siravedha & Abhyanga)	150
37.	Prachhana/Jaloka Avacharana	100
38.	Snehapana Package	750
39.	Ksharsutra application in Bhagandara (Initial)	400
40.	Follow up Ksharsutra application in Bhagandara	250
41.	Ksharsutra application in Parikartika (Anal Fissure)	250
42.	Ksharsutra application in Piles	250
43.	Ksharsutra application in other conditions	250
44.	Agni Karma	200
45.	Kshar Karma	150
46.	34-day Pakshaghata treatment Package inclusive of Snehana for 7 days, Svedana for 3 Days, Virechana for 1 day, Vasti for 8 days, Nasya for 7 days and Shiro Vasti/Shiro Dhara for 8 days.	5,650
47.	28- day Pakshaghata treatment package inclusive of Shirodhara & Pizhichil for 14 days and Pinda Sweda & Vasti for 14 days	17,150
48.	28- day Vata Rakta /Sandhi Roga Treatment package inclusive of Pizhichil for 14 days and Shastika Shali Pinda Sweda & Vasti for 14 days	12,950
49.	11- Day Shwasa Rog etc. treatment package inclusive of Snehana (Abhyanga & Sneha pana) for 7 days, Swedana for 3 days, Vamana/Virechana for 1 day.	2,650
50.	11- Day Vrikka Roga Treatment package inclusive of Snehapana for 7 days, Avagaha sweda for 3 days and Virechana for I day	1,750
51.	23- Day Sthoulya treatment package-I Inclusive of Snehapana for 7 days, Vamana for 1 day, Virechana for 1 day, Takradhara/ Udvartana for 14 days.	3,650
52.	23- Day Sthoulya treatment package-II Inclusive of Swedana with Udavartana for 14 days, Vamana/Virechana for 1 day and Vasti for 8 days	6,550
53.	19- day treatment package for Amlapitta/Parinaamshool/Yakrita- Pleehodara/other Udara Roga inclusive of Snehana for 7 days, Swedana for 3 days, Virechana for 1 day and Khseer vasti for 8 days	2,950
54.	23-day Manasa Roga (Unmada/Apasmara/Anidra/Bhrama) treatment package inclusive of Snehana (Bahya& Abhyantara) for 7 days, Svedana for 7 days, Vamana for 1 day, Virechana for 1 day and Shiro Vasti or Shiro dhara for 7 days	5,750
<u>B)</u>	Yoga & Naturopathy	
].	One week package of Asanas, Pranayam and Meditation minimum one hour per day	150
2.	Two Weeks Package of Asanas, Pranayam and Meditation minimum one hour per day	250
3.	Four weeks Package of Asanas, Pranayam and Meditation minimum one hour per day	400
4.	Shatkarma procedures per week	150

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5.	One week Package of Nine Naturopathic treatment including special diet	2100
6.	Two week package of Nine Naturopathic treatment including special diet.	4000
7.	Three week package of Nine Naturopathic treatment including special diet	6000
8.	Four week package of Nine Naturopathic treatment including special diet	8000
9.	Naturopathy Massage	200
10	Physiotherapy applicable to Naturopathy	100
11.	Steam bath	100
12.	Whole Body Mud-Bath	150
13.	Local Mud-Pack/Application	-50
14.	Plantian Leaf Bath	50
15.	Thermoleum Bath .	50
16.	Magnetotherapy	50
17	Special Yoga/Naturopathy diet	75

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Note: <u>The room rent will be Rs. 500/-, Rs. 1000/- & Rs. 1500 for General Ward,</u> <u>Semiprivate Ward and Private Ward. It is clarified that indoor package rates for Yoga &</u> <u>Naturopathy are inclusive of room rent and diet as per entitilment of the beneficiary.</u>

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(Dr. D.C. Joshi) Director (CGHS) Tel. No. 011-23062800